

Campolindo High School

COUGAR TRACK & FIELD

2011 Golden Foot Awards

Jake Cucarola
VB 400 Relay - 43.84

Laura DeCrescenzo
FSG High Jump - 4-6

Reiner Ebarle
VB 400 Relay - 43.84

Dan Fadelli
VB 400 Relay - 43.84

Adam Hathaway
FSB 1600m - 4:39.04
FSB 3200m - 9:55.80

Ryan Hoffman
FSB 400m - 53.13

Thomas Joyce
VB 1600m - 4:22.83
VB 3200m - 9:18.06

Chris Maag
VB 400 Relay - 43.84

Rachel Meadows
VG 1600m - 5:01.54

Meghan Nelson
VG 300 Hurdles - 46.48

Hadley Swanson
VG High Jump - 5-4
VG Long Jump - 17-6.5
VG 400m - 59.23

Carrie Verdon
VG 800m - 2:17.25
VG 1600m - 4:51.80
VG 3200m - 10:29.76

2011 School Records

VG 6400 Relay Meadows-Farnan-Verdon-Mostatabi **20:53.63c**,
Mt. SAC Relays, April 16, 2010

VG High Jump Hadley Swanson **5-4**,
Bob Warren Relays, April 29, 2011

VG 3200m Carrie Verdon **10:29.76**,
Sacramento Meet of Champions, April 30, 2011